

December 2020

Public Health
Prevent. Promote. Protect.

December is **SAFE TOYS AND GIFTS MONTH**

- What are some ways you keep your child's safety in mind when choosing gifts?
- Here is a website to visit for more information on what to look for when gift giving.



<https://www.apha.org/events-and-meetings/apha-calendar/2020/safe-toys-and-gifts-month-2020>

Holiday Ideas during COVID-19

All of these ideas can be done with the members of your family, and most can be done in the safety of your house.

- 1) Build a gingerbread house—using graham crackers, gingerbread or a kit.
- 2) Make sugar cookies
- 3) Cut paper snow flakes
- 4) Decorate the tree or house together
- 5) Movie Night—put in a holiday movie and make popcorn and/or hot cocoa
- 6) Go for a Christmas lights drive
- 7) Holiday Song Dance Party
- 8) Make and Send Holiday Cards
- 9) Virtual Tree Lighting Ceremony—Manhattan's Blue Earth Plaza is having their tree lighting ceremony on November 27th at 7:00 p.m. It can be found on facebook on the "Manhattan Festival of Lights at Blue Earth Plaza" facebook page.



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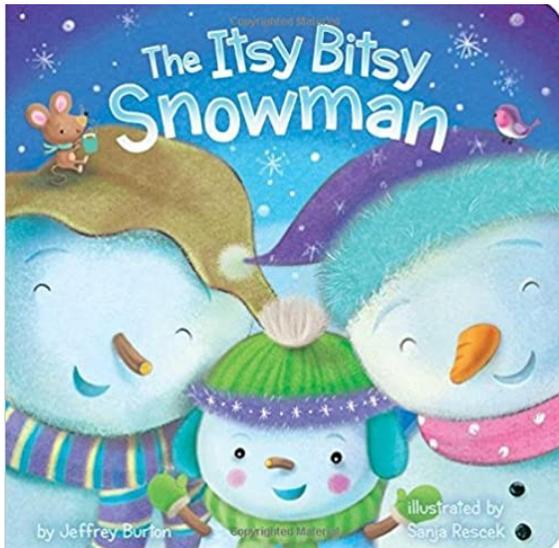
The Raising Riley team is here to assist you!

www.raisingriley.com

Raising Riley
Family & Child Resource Center
2101 Claflin Road, Manhattan
785-776-4779



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Book of the Month

This tiny little board book is the perfect winter holiday book for young children. Set to the tune of “The Itsy Bitsy Spider”, this little snowman is set on an adventure! From going sledding, dodging a snowball fight and watching the snowflakes. Little ones will love this winter spin on one of their favorite classic nursery rhymes!

THE ITSY BITSY SNOWMAN
 Words by Jeffrey Burton
 Traditional Tune
 Chords Prepared by ELEG for SBWE

C
 The itsy bitsy snowman
 G7 C
 Climbed up the snowy hill

 He jumped on a sled
 G7
 And slid slid fast
 C
 What a thrill
 C
 He zipped past the children
 G7 C
 skating on the ice

 Then the itsy bitsy snowman
 G7 C
 Dodged a snowball fight



C
 The itsy bitsy snowman
 G7 C
 Went sledding into town

 Looking at the snowflakes
 G7 C
 Softly falling down

 Out came his friends
 G7 C
 To lend a happy hand

 And everything was perfect
 G7 C
 In his winter wonderland

Melted Snowman Sugar Cookies:

Ingredients:

Sugar Cookie Mix (either from scratch or refrigerated dough)

Cookie Icing in white, red, blue and green

Black Decorating Gel

Mini M&M's or rainbow chips

12-15 Marshmallows

Directions:

1. Follow the instructions to bake the cookies.
2. On cooled cookies, use the white icing to create the snow puddle. Use the back of a spoon to spread the icing out.
3. Before the icing hardens, press a marshmallow to the top of one side of the cookie.
4. Once the icing has set a little, use the black decorating gel to make the branch arms.
5. Use mini rainbow chips or M&M's to create two coal eyes and a carrot nose. Use a small dot of white icing to make them stick. Pipe a small dot for the mouth with the black decorating gel. Use decorating or cookie icing to create the scarves.
6. Let the cookies cool before eating.

